The MESA INVITE (Individualized response to vitamin D treatment) Study

Thank you for agreeing to participate in the MESA INVITE Study. Your participation will help us better understand why people respond differently to vitamin D treatment. To help us most effectively conduct this study we ask that you follow these instructions:

* Take one pill every day during the entire 16 weeks of the study. The pill will contain either vitamin D or a placebo (a substance that looks the same but contains no vitamin D)
* If you miss one day of treatment you may take two pills the following day. The vitamin D dosages in this study are safe for this purpose.
* If you miss more than one day of treatment, please go back to taking the study pills once per day as soon as you can.
* Please keep all of your leftover pills and return them to the MESA study coordinator at the time of your checkout visit.
* Please return for your checkout visit so that we can determine your individualized response to vitamin D! A MESA representative will call you to schedule the visit.
* Please call your MESA field center with any questions or concerns about the study: (insert contact information here).

After you have completed your checkout visit, our laboratory will measure your vitamin D levels and send you a letter that includes your levels at the beginning and end of the study and whether you received vitamin D or placebo during the study.

Again, thank you for your participation in this study and in MESA.

Sincerely,

Bryan Kestenbaum, MD MS Ian de Boer, MD MS