Dinamap number: 

1. Arm circumference: 
   (To nearest 0.1 cm) 

2. Cuff size: 
   - Cuff on upper arm 
   - OR 
   - Cuff on forearm 
     - Small adult (17 - 25 cm) 
     - Adult (25.1 - 33 cm) 
     - Large adult (33.1 - 40 cm) 
     - Thigh (40.1 - 50 cm) 

Seated Blood Pressure 

Record time of day 

Record in military time (e.g. 5pm = 17:00) 

3. First reading: 
   - SBP 
   - DBP 
   - Pulse 

4. Second reading: 
   - SBP 
   - DBP 
   - Pulse 

5. Third reading: 
   - SBP 
   - DBP 
   - Pulse 

6. Pulse Oximetry: 

7. Was the participant using supplemental oxygen? 
   - Yes 
   - No 

What is the Flow rate? 

Alerts and Referrals 

Use the mean of the second and third blood pressure and pulse measurements for alerts and follow the criteria below:

<table>
<thead>
<tr>
<th>Blood Pressure Values</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Systolic blood pressure greater than 210mmHg OR</td>
<td>1. Immediate referral to a health care provider</td>
</tr>
<tr>
<td>Diastolic blood pressure greater than 120mmHg</td>
<td></td>
</tr>
<tr>
<td>2. Systolic blood pressure of 180-210mmHg OR</td>
<td>2. Referral to a health care provider within one week</td>
</tr>
<tr>
<td>Diastolic blood pressure of 110-120mmHg</td>
<td></td>
</tr>
<tr>
<td>3. Blood pressure greater or equal 140/90mmHg</td>
<td>3. Requires follow-up within two months</td>
</tr>
</tbody>
</table>

Pulse > 130 → Immediate referral to a health care provider 

Pulse Oximetry < 88 → Referral to a health care provider within one week