Alerts and Referrals
Use the mean of the second and third blood pressure measurements for alerts and follow the criteria below:

Blood Pressure Values

1. Systolic blood pressure greater than 210mmHg
   OR
   Diastolic blood pressure greater than 120mmHg
   1. Immediate referral to a health care provider

2. Systolic blood pressure of 180-210mmHg
   OR
   Diastolic blood pressure of 110-120mmHg
   2. Referral to a health care provider within one week

3. Blood pressure greater than 140/90mmHg
   3. Requires follow-up within two months

For MESA Field Center Use Only

Technician ID#: bptid2
Data Entry ID#: bpdid2
Reviewer ID#: bprid2