This form is intended to collect information about your background and lifestyle which may impact your risk of cardiovascular disease. Please complete all items except those which you are specifically instructed to skip. If you are unsure about the answer to a specific question, please estimate the answer to the best of your ability. If you have a question about a particular item, please write a small "x" in the margin of the form, making sure not to write it near any of the response bubbles, and then ask a staff member for clarification of those items after you have completed the rest of the form.

1. What is your gender?  
   1 O Male  
   0 O Female  
   PHXSEX1

2. Where were you born?  
   1 O One of the 50 US states (please specify state)  
   2 O Puerto Rico  
   3 O Another country (please specify country)  
   STBTH1

   If born in Puerto Rico or in another country:  
   How many years have you lived in the United States?  
   YRSUS1

3. Where were your parents and grandparents born?  

   Mother  
   MBTH1  
   1 O One of the 50 US states  
   2 O Puerto Rico  
   3 O Another country  
   MSTBTH1

   Father  
   FBTH1  
   1 O One of the 50 US states  
   2 O Puerto Rico  
   3 O Another country  
   FSTBTH1

   Maternal grandmother  
   MMBTH1  
   1 O One of the 50 US states  
   2 O Puerto Rico  
   3 O Another country  
   MMCNTRY1

   Maternal grandfather  
   MFBTH1  
   1 O One of the 50 US states  
   2 O Puerto Rico  
   3 O Another country  
   MFCNTRY1

   Paternal grandmother  
   PMBTH1  
   1 O One of the 50 US states  
   2 O Puerto Rico  
   3 O Another country  
   PMCNTRY1

   Paternal grandfather  
   PFBTH1  
   1 O One of the 50 US states  
   2 O Puerto Rico  
   3 O Another country  
   PFCNTRY1
4. What language is generally spoken in your home?  
- Linguistic variables: English, Spanish, Cantonese, Mandarin, Other.

5. What is your marital status?  
- Marital status options: Married/Living as married, Living with partner, Widowed, Divorced, Separated, Never married, Prefer not to answer.

6. What is the highest degree or level of school you have completed?  
- Educational level options: No schooling, Grades 1-8, Grades 9-11, Completed high school (12th grade) or GED, Some college but no degree, Technical school certificate, Associate degree (Junior College, e.g. AA, AS), Bachelor's degree (e.g. BA, AB, BS), Graduate or professional school (Master's, Doctorate, MD, JD, DDS, etc.).

We are asking for your Social Security Number because data from this study will be linked with data supplied by the National Center for Health Statistics. It will be kept confidential according to the Privacy Act of 1974, and will be used only for research purposes. Providing this information to MESA is extremely important for the purposes of the study, but is entirely voluntary on your part.

7a. What is your Social Security Number?  
- Social Security Number field.

7b. Sometimes dependents or spouses can apply for Medicare benefits using the Social Security Number of another family member. Did you ever get Medicare benefits using a Social Security Number other than your own?  
- Options: No, Yes.
- Could you please tell me the Social Security Number you used to apply for Medicare Benefits?  
- Social Security Number field.
8 Please choose one of the following which best describes your current occupation:

1 O Homemaker, not working outside the home

2 O Employed (or self-employed) full time
3 O Employed (or self-employed) part time
4 O Employed, but on leave for health reasons
5 O Employed but temporarily away from my job (other than health reasons)
6 O Unemployed or laid off 6 months or less
7 O Unemployed or laid off more than 6 months
8 O Retired from my usual occupation and not working
9 O Retired from my usual occupation but working for pay
10 O Retired from my usual occupation but volunteering

Did you previously work outside the home? 0 O No $ Skip to #13
1 O Yes

HOMEMKR1

9 For whom do/did you work? (name of company, business, organization or other employer) If you are not working now, please respond regarding your main occupation before you stopped working.

______________________________

10 What type of business or industry is/was this? (e.g., hospital, newspaper publishing, mail order house, auto repair shop, bank, etc.)

______________________________

11 What kind of work do/did you do or what was your job title? (e.g. registered nurse, personnel manager, auto mechanic, accountant, grinder operator, etc.)

______________________________

12 What are/were your most important activities or duties? (e.g. patient care, directing hiring policies, repairing automobiles, reviewing financial records, operating grinding mill, etc.)

______________________________

The following questions have to do with family finances. We know from other research that financial strain is common and very important to consider in understanding people’s health. The following questions will be used to help give us a picture of the various financial situations experienced by persons participating in the MESA study. Any information you provide is strictly confidential and will be used for research purposes only.
13 Below is a list of income groups. Please tell me which group best represents your total combined family income for the past 12 months. This includes the total income before taxes earned in the past year by all family members living with you. Please include money from jobs, net income from business, farm or rent, pensions, dividends, welfare, social security payments and any other money received by you or any other family member living with you.

<table>
<thead>
<tr>
<th>INCOME1</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Less than $5,000</td>
</tr>
<tr>
<td>2</td>
<td>$5,000 - $7,999</td>
</tr>
<tr>
<td>3</td>
<td>$8,000 - $11,999</td>
</tr>
<tr>
<td>4</td>
<td>$12,000 - $15,999</td>
</tr>
<tr>
<td>5</td>
<td>$16,000 - $19,999</td>
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<tr>
<td>6</td>
<td>$20,000 - $24,999</td>
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<td>$25,000 - $29,999</td>
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<tr>
<td>8</td>
<td>$30,000 - $34,999</td>
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<tr>
<td>9</td>
<td>$35,000 - $39,999</td>
</tr>
<tr>
<td>10</td>
<td>$40,000 - $49,999</td>
</tr>
<tr>
<td>11</td>
<td>$50,000 - $74,999</td>
</tr>
<tr>
<td>12</td>
<td>$75,000 - $99,999</td>
</tr>
<tr>
<td>13</td>
<td>$100,000 or more</td>
</tr>
</tbody>
</table>

14a Including yourself, how many people are supported by the income listed above

**NUMHHL1**

14b How many of these are...

(Enter 00 if no one in that age category is supported by the given income)

1. Children under 18? **NHDLDC1**
2. Adults 65 and over? **NHDLDE1**

15 This question is about the house or apartment where you live. Do you:

1. Rent
2. Pay a mortgage
3. Own free and clear
4. Have other living arrangements

**HOMETY1**

16 Where do you usually go for medical care?

1. Doctor's office or clinic **MEDCARE1**
2. Hospital emergency room
3. Other: **MEDCTXT1**

17 To help pay for your medical care, do you now have: (check all that apply)

**HIPRV1**

1. HMO or other private insurance such as Blue Cross, Aetna, 1199 Fund, etc.

**HIMDCR1**

1. Medicare

**HIMDCD1**

1. Medicaid

**HIMIL1**

1. Military or Veteran's Administration sponsored

**HINONE1**

1. None

**HIOOT1**

1. Other: **HINSTXT1**
The following questions are about your use of tobacco and alcohol. They will help us better understand the role of smoking and alcohol use in the risk of cardiovascular disease.

18  Have you smoked at least 100 cigarettes in your lifetime?  

1  Yes  
0  No  ➔  Skip to #23  

EVSMK1

19  How old were you when you first started smoking cigarettes?  

AGESMK1

20  Have you smoked cigarettes during the last 30 days?  

1  Yes  ➔  Skip to #22  
0  No  

CURSMK1

21  FOR FORMER SMOKERS:  
How old were you when you quit smoking cigarettes?  

AGEQUIT1

22  On average, about how many cigarettes a day do/did you smoke?  

CIGSDAY1

23  Have you ever used any other tobacco products? (E.g. cigars, pipes, snuff, chewing tobacco)  

1  Yes  
0  No  ➔  Skip to #44  

Current cigarette smokers Skip to #45  

OTHTOB1

24  Have you smoked more than 20 cigars in your lifetime?  

1  Yes  
0  No  ➔  Skip to #29  

CIGAR1

25  How old were you when you first started smoking cigars?  

CGRAGE1

26  Have you smoked cigars during the last 30 days?  

1  Yes  ➔  Skip to #28  
0  No  

CGRCUR1

27  How old were you when you quit smoking cigars?  

CGRAGEQ1

28  On average, about how many cigars a day do/did you smoke?  

CGRDAD1

29  Have you smoked at least 20 pipefuls of tobacco in your lifetime?  

1  Yes  
0  No  ➔  Skip to #34  

PIPE1

30  How old were you when you first smoked a pipe?  

PIPAGE1
31 Have you smoked a pipe during the last 30 days?  
    PIPCUR1

32 FOR FORMER SMOKERS:  
    How old were you when you quit smoking a pipe?  
    PIPAGEQ1

33 On average, about how many pipefuls a day do/did you smoke?  
    PIPDAY1

34 Have you used chewing tobacco, such as Redman, Levi Garrett or Beechnut, at least 20 times?  
    CHEW1

35 How old were you when you first used chewing tobacco?  
    CHWAGE1

36 Have you used chewing tobacco during the last 30 days?  
    CHWCUR1

37 How old were you when you quit using chewing tobacco?  
    CHWAGEQ1

38 On average, about how many times a day do/did you use chewing tobacco?  
    CHWDAY1

39 Have you used snuff, such as Skoal, Skoal Bandits or Copenhagen, at least 20 times?  
    SNUFF1

40 How old were you when you first used snuff?  
    SNFAGE1

41 Have you used snuff during the last 30 days?  
    SNFCUR1

42 How old were you when you quit using snuff?  
    SNFAGEQ1

43 On average, about how many times a day do/did you use snuff?  
    SNFDAY1

44 CURRENT NON-SMOKERS ONLY:  
    During the past year about how many hours per week were you in close contact with people when they were smoking? (e.g. in your home, in a car, at work or other close quarters)  
    SHNDSMK1
45 Have you ever consumed alcoholic beverages?
   ○ Yes
   ○ No → You have completed this form

46 How old were you when you first started drinking alcoholic beverages?

47 Do you presently drink alcoholic beverages?
   ○ Yes → Skip to #51
   ○ No

48 For how many years did you drink alcoholic beverages?
   (Do not count times when you did not drink alcohol)

49 In the past, which types of alcoholic beverages did you ordinarily drink?
   (Mark all that apply)
   WINE1 ○ Wine
   BEER1 ○ Beer
   HARDLIQ1 ○ Drinks made with hard liquor (e.g. whiskey, rum, vodka, etc.)
   OTHALC1 ○ Other:

50 What was the usual number of drinks you had per week before you stopped drinking alcoholic beverages?
   (One drink means 1 beer or 1 glass of wine or 1 shot of liquor or 1 mixed drink. Record 0 if less than one drink per week)

51 IF YOU CURRENTLY DRINK ALCOHOL:
   For how many years have you been drinking alcoholic beverages?
   (Do not count times you did not drink alcohol)

52 What is the usual number of drinks you have per week?
   (One drink means 1 beer or 1 glass of wine or 1 shot of liquor or 1 mixed drink. Record 0 if less than one drink per week)

53 During the past 24 hours how many drinks have you had?

54 In the past month what is the largest number of drinks you had in one day?